



**MONA RED**

# PRESS SHEET

## WHAT IS HEART & POETRY PUNK ROCK?

Heart & Poetry Punk Rock breaks out of the classic punk framework and goes far deeper than your average pop punk anthem. It's raw, loud, and unapologetically emotional – built on heavy guitars, fast tempos, and lyricism that cuts to the bone.

Sure, the sound matters – distorted riffs, crashing drums, high energy. But don't be fooled: this genre isn't all volume. It knows when to strip down. Acoustic Heart & Poetry Punk Rock exists – and it hits just as hard, only quieter.

But the real core?

**The language.**

Yes, many great songs are poetic – but here, lyrics are everything. Think:

- Metaphors that sting
- Alliterations with punch
- Analogies that reveal
- Rhetorical questions, personifications, anaphora – used like weapons or open wounds

The magic might sit in the chorus. Or hide in a bridge. But it's always there – waiting to be felt.

## THE HEART PART

This genre doesn't do shallow.

If it's not real, it doesn't make the cut.

These are songs from the heart – songs that bleed, scream, ache, provoke. There's honesty, mess, rage, shame, lust, grief, power. And rebellion. Always rebellion. But not the empty kind. This one has depth.

It's rebellion with poetry.

## SOUND & INFLUENCES

Heart & Poetry Punk Rock lives somewhere between genres. It borrows, reinvents, and refuses to sit still.

Influences include:

Grunge & Riot Grrrl (Hole, Bikini Kill, L7)

- Pop Punk & Emo (Paramore, My Chemical Romance, Sum 41)
- Alternative & Hard Rock (The Pretty Reckless, Halestorm, Joan Jett)
- Singer-Songwriter honesty
- Even touches of metal and folk

It's a fusion – not a formula.

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